

TRANSITION & RISK - ANALYTICAL POSTER

KEY FINDINGS:

- **AGE:** Those who started transition before age 18 show the highest levels of regret and psychological instability.
- **MOTIVATION TYPE:** Transition driven by trauma, social pressure, or desire for acceptance is strongly linked to detransition risk.
- **INTERNAL DIALOGUE:** Discrepancy between what one says and what one feels is a major red flag (e.g., "I say I'm happy, but dream about my past").
- **DISSOCIATION:** Emotional detachment from one's body and experience is common in those with high detransition risk.
- **MASKING DEFENSE:** High "positivity scores" often mask inner collapse and unresolved issues.
- **IDENTITY STATUS:** Fragmented or collapsing sense of self correlates with low psychological functionality after transition.

RECOMMENDATION:

Transition is not a solution unless it arises from deeply integrated internal identity.

All signals indicate that psychotherapy is a safer and more sustainable path for most cases.

THIS IS NOT IDEOLOGY. THIS IS DATA.